

Where to find the action!

SETTLE TOURIST
 INFORMATION CENTRE
 Town Hall, Settle

Town Hall, Settle © 01729 825192 www.settle.org.uk

2 COUNTRY LANES

Dalesbridge, Austwick, Nr Settle © 0845 370 0558 www.countrylanes.co.uk

(3) DALES MOUNTAIN BIKING

West Hagg, Fremington © 01748 884356 www.dalesmountainbiking.co.uk

4 OFF THE RAILS

Station Yard, Settle © 01729 824419 www.offtherails.org.uk

- MARKET PLACE
 Settle Town Centre.
- 6 L'ÉTAPE du DALES ROUTE
 Ribblehead to Grassington Section
- **7** GISBURN FOREST

MTB Day Out and Way-marked Off Road Trails www.forestofbowland.com

8 THE SETTLE LOOP

Part of the National Bridleway. Pick up a Free Route Map at: Settle TIC © 01729 888888 Off the Rails © 01729 824419

9 CTC SUNDAY RIDE

North Ribblesdale Rugby Club Next to Greenfoot Car Park



You might fancy a Mountain Bike Weekend or a combined Bike/Rail Trip on the Settle Carlisle Railway, or leave your bike behind and explore the wonderful countryside of the Yorkshire Dales and the Details of all the Festival Events are here so if you want to join in make sure you book well in advance.

Latest Information on all the Events is available from the Tourist Information updated regularly.

every May.

If you like you can take part in organised day rides, watch riders tackling the steep hills of the Etape du Dales or just enjoy the fun in the Market Place over the weekend.

It doesn't matter whether you've never ridden a bike before or whether you're an experienced road cyclist or mountain biker, you'll find plenty to enjoy and take part in here in Settle every May.

offering cycling fun and adventures for yo everyone.

Welcome to The Prologue, the first of what we hope will become a firm fixture in your diary as an Annual Cycling Festival offering cycling fun and adventures for opposite the company of the properties of the pr

In the historic market town of Settle, central to the Three Peaks, the Morkshire Dales and the Forest of Bowland.

Three days of fun on two wheels

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FRIDAY 18 MAY

Enjoy a self-guided ride, join an MTB Tour or go off-road in Gisburn Forest.

HIRE A BIKE AND EXPLORE

Enjoy a self guided ride on quiet lanes, available every day of the Festival. Contact: Off the Rails

FAMILY FUN TICKET

Bring the family and enjoy the Yorkshire Dales by bicycle. Available every day. Contact: Country Lanes



MTB WEEKEND (18 - 20th) Fully guided Mountain Bike Weekend on top quality trails.

Contact: Dales Mountain Biking



GISBURN FOREST DAY OUT

Ideal family riding with waymarked traffic-free routes through the forest. Contact: Off the Rails

LOOP THE SETTLE LOOP

Ride the latest 16k section of the Pennine Bridleway. Pick up a map and guide any day at: Settle TIC - Town Hall Off the Rails - Station Yard

SATURDAY 19 MAY

Take a train up the hill and ride back down, take the family for a day ride or explore Settle Town Centre and join in

FREE GUIDED MTB RIDES (19- 20th)

10 to 15 miles from Dalesbridge at 1.30pm, bring your own bike or hire one for half price. Contact: Country Lanes



BIKE/RAIL TRIPS

Let the train take the uphill strain on an Award-winning Day Out on the Settle Carlisle Railway. Available each day. Contact: Off the Rails

MTB DAY RIDES

Fully guided Mountain Bike Day Trips on top quality trails.

Contact: Dales Mountain Biking



FILMS, FUN AND FOOD!

Come along to Victoria Theatre in Settle for an evening of cycling films, special guests and a pasta party. Contact: Settle TIC

SUNDAY 20 MAY

Join a guided Day Ride, take a mountain bike off-road or catch one of these

FUN IN THE MARKET PLACE

MTB bike stunts by Richard Johnson, displays from British Cycling's Go-Ride Scheme, Nutrition Advice, top name bike manufacturers show their wares.

Settle Tourist Information Centre 01729 825192 for details.



ÉTAPE du DALES (Entries closed) Cyclosportif Ride of 175 km with over 3500m of climbing. Over 700 riders start from 6.30am. Catch the action at



CTC TOURING RIDES

Two rides organised by experienced cyclists from the CTC on quiet lanes through the beautiful Forest of Bowland. 100k or 50k starting from Settle. 01423 888326 for details.

MORE INFORMATION

For full details about the Festival. Where to Stay and What to Do in the Settle District contact Settle TIC. on

